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April 2005
Volume 4, Number 8

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MESSAGE FROM THE DEAN

Dear Graduate Students,

Do you sometimes feel more than “blue”?

Thanks to an important survey and report sponsored by University Health Services, we now understand better how delicate mental health is for graduate students and how truly distressed many become during these difficult years.

The spearhead for the survey was a graduate student, Temina Madon, who lost a partner to depression and suicide, and courageously dealt with her own resulting depression in public in order to raise awareness of the problems many students face. The Graduate Assembly funded the survey, which may be the first of its kind in the nation.

The results of Berkeley's survey have been nationally noticed. *The Chronicle of Higher Education* recently reported some of the sobering findings:

- “Depression and other forms of mental distress” were a serious problem in a study of more than 3,100 graduate students at the University of California at Berkeley.
- Nearly half of all survey respondents (45 percent) reported an emotional or stress-related problem that significantly impacted their academic performance or well-being.

- Another 67 percent reported feeling hopeless at times, 95 percent felt overwhelmed in graduate school, and 54 percent said they had felt so “depressed that it was difficult to function.”
- About 10 percent had seriously considered suicide, and one in 200 had actually attempted suicide in the last year.

The University Health Services staff at Tang Center is here to help. In November UHS offered a Depression Screening Day for the campus and the local community. Counseling and Psychological Services at Tang is prepared to help students through emergency (drop-in) or scheduled appointments for professional and confidential consultations or counseling. CPS also offers an array of groups and workshops that provide tools for coping with depression and anxiety. Check the [Tang Web site](http://www.uhs.berkeley.edu/students/counseling/) (http://www.uhs.berkeley.edu/students/counseling/) for more information, or call 642-9494.

We can all help by becoming aware of signs of serious depression in ourselves and others and doing something about it. Go to Tang and take advantage of the services if you feel unable to cope, or insist that someone you know in that situation does so. Don't wait until the condition becomes debilitating or worse.

We are nearing perhaps the most stressful time of the semester. Take care of yourselves. Get enough rest. Look after your friends.

Mary Ann Mason
Dean of the Graduate Division

FINANCIAL AID OFFICE (FAO)

One-shot Chance to Lock in Low Rates on Loans

There's a once-in-a-lifetime opportunity to lock in the historically low 2.8 percent interest rate on current Direct or Stafford loans if you act soon by consolidating through the [Direct Loan servicer](http://www.dlservicer.ed.gov/consolidatenow/welcome.asp) (http://www.dlservicer.ed.gov/consolidatenow/welcome.asp) before the rates rise on July 1, 2005. After July 1, the variable rates on student loans will almost surely rise to 4 or 5 percent. You can consolidate *now* through the Direct Loan Servicer even if you are still in school or if you have Stafford loans from prior schools.

You may already have received emails or flyers from the Financial Aid Office (FAO). You are deliberately being inundated with information to make sure all eligible students get the news. If this applies to you, act soon — procrastination can be very costly in this case. Some details and a Frequently Asked Questions section are available on the [FAO Web site](http://students.berkeley.edu/fao/news/loanconsolidate.htm) (http://students.berkeley.edu/fao/news/loanconsolidate.htm). To get started, go right to the [Direct Loan consolidating Web site](http://www.dlservicer.ed.gov/consolidatenow/welcome.asp) (http://www.dlservicer.ed.gov/consolidatenow/welcome.asp) or call 1-800-557-7392.

GRADUATE DEGREES AND APPOINTMENTS

Modified Hours

The Graduate Degrees and Graduate Appointments offices, located in 302 Sproul Hall, will be open from 10 a.m. to 3 p.m. for the remainder of the spring semester. These hours will be expanded closer to the end of the term to accommodate the needs of students wishing to file their dissertations and theses.

GRADUATE FELLOWSHIPS

(<http://www.grad.berkeley.edu/fellowships/>)

Albert Newman Fellowship for Visually Impaired Students 2005–2006

Applicants must be substantially visually impaired graduate students, documented by the Disabled Students' Program (located at 260 Cesar Chavez Student Center, voice 642-0518, TTY 642-6376, fax 643-9686), and must be registered for spring 2005 and in fall 2005 when they receive the award. The award is based on scholastic achievement. The application is available [online](http://www.grad.berkeley.edu/fellowships/fellowships_deadlines.shtml) (http://www.grad.berkeley.edu/fellowships/fellowships_deadlines.shtml). Completed application and supporting documents are due in the Graduate Fellowships Office, 316 Sproul Hall, by **April 25, 2005**.

Dr. and Mrs. James C. Y. Soong Fellowship

This fellowship for 2005–2006 will provide fees, nonresident tuition, and a \$14,000 stipend for graduate students from Taiwan who are enrolled full time in any field of study at UC Berkeley. Students must: 1) have graduated from a fully accredited four-year college or university in Taiwan with a GPA of 3.7 (A-) or higher; 2) be a citizen of the Republic of China and have lived in Taiwan consecutively for at least ten years; and 3) have demonstrated financial need in pursuit of advanced degrees. The fellowship may be renewed one time. Each department may nominate one student who meets these criteria. Applications are available [online](http://www.grad.berkeley.edu/fellowships/fellowships_deadlines.shtml) (http://www.grad.berkeley.edu/fellowships/fellowships_deadlines.shtml). Submit nominations to the Graduate Fellowships Office, 316 Sproul Hall, by **4 p.m., April 26, 2005**.

Guru Gobind Singh Fellowship

This fellowship is intended for graduates of universities in specific areas of India and Pakistan who are currently pursuing graduate degrees at UC Berkeley. To be eligible, a student also must be committed to returning to his or her country of origin after receiving the graduate degree and must not have engaged previously in graduate study at any other institution of higher learning in the U.S. Students at any stage of graduate study may be nominated, but preference is given to those holding the master's degree, and particularly those who have reached the dissertation stage and have exhausted the normal sources of financial support. The fellowship will provide \$26,000 for 2005–2006. Applications are available at the Graduate Fellowships Office, 316 Sproul Hall. The deadline to submit applications is **4 p.m., April 26, 2005**.

DEADLINES, EVENTS, AND WORKSHOPS

(<http://www.grad.berkeley.edu/nav/calendar.shtml>)

APRIL 6

Graduate Diversity Program Brown Bag Series — “Test Anxiety Reduction” — Reduce your anxiety for exams and enhance your test performance. **Carla Trujillo**, director, Graduate Diversity Program, Noon to 1 p.m., West Madrone Room, fourth floor, Martin Luther King, Jr. Student Union. Sponsored by the Graduate Diversity Program and the Graduate Assembly. All are invited.

APRIL 6, 20, 27, and May 4

Career Workshops — “Looking Beyond Academia” (four-part series); topics include Identifying Options, Job Search, Networking, and Interviewing Strategies. 5 to 6:30 p.m., Career Center, 2111 Bancroft Way. To register, email [Debra Behrens](mailto:dbehrens@berkeley.edu) (dbehrens@berkeley.edu).

APRIL 7

Deadline for Distinguished Faculty Mentors Award Nominations — Students engaged in research who are pursuing graduate degrees at UC Berkeley are invited to submit nominations for the 2005 Distinguished Faculty Mentors Award. Nominators should be direct beneficiaries of the candidate's mentoring. The award honors Senate and non-Senate members of the Berkeley faculty who have shown an “above and beyond the call of duty” commitment to mentoring, developing, and supporting graduate student researchers. Four awards will be presented. Completed nomination materials must be **received** by the Graduate Assembly in Anthony Hall by **5 p.m., Thursday, April 7**. Guidelines and nomination materials are available [online](http://ga.berkeley.edu/academics/mentoring/) (<http://ga.berkeley.edu/academics/mentoring/>).

APRIL 8

53rd Annual Beowulf Marathon — Hosted by the Graduate Medievalists at Berkeley. “Come join us as we read Beowulf aloud at one of Berkeley's more unlikely traditions. BYOB — Bring Your Own Beowulf.” 4 p.m., English Department Lounge (330 Wheeler)

APRIL 11

Workshops on Teaching — “Developing a Statement of Teaching Philosophy” — What assumptions and beliefs underpin your teaching? In addition to helping you improve your teaching, articulating your teaching philosophy can greatly assist you in your academic job search process. This workshop introduces graduate students to what a statement of teaching philosophy typically addresses and how to begin developing one. Facilitated by Linda von Hoene, director, GSI Teaching and Resource Center, 12 to 1:30 p.m., 370 Dwinelle Hall.

APRIL 12

Human Rights Center Spring Colloquium Series — “Women Waging Peace” — Malcolm Potts, professor of population and family planning, School of Public Health, UC Berkeley. 4 to 5:30 p.m., with refreshments to follow, 223 Moses Hall Conference Room.

APRIL 14–16

The Inauguration of Robert J. Birgeneau as Ninth Chancellor of the University of California, Berkeley — Three days of events, including:

- Frontiers of Education Symposium (all three days)
- Charter Birthday Celebration (April 15, 11:30 a.m., Sproul Plaza)
- Inaugural and Charter Day Ceremony (April 15, 2 p.m., Zellerbach Auditorium)
- Cal Day Campus Open House (April 16, 9 a.m.–4 p.m.)
- Charter Banquet Gala (April 16, 6:30 p.m., Fort Mason, San Francisco)
- The full schedule is available [online](http://inauguration.berkeley.edu/schedule.cfm) (<http://inauguration.berkeley.edu/schedule.cfm>).

APRIL 15

Deadline to Apply for Curriculum Development Grants on the Atomic Age — The Consortium for the Arts and Arts Research Council will sponsor an array of public programs this fall in conjunction with the premiere of the Peter Sellars/John Adams opera “Dr. Atomic” in San Francisco. To broaden the intellectual context for these activities, courses are encouraged that will engage in similar exploration during the fall 2005 semester. Curriculum development grants of \$750 are available to graduate student instructors or faculty who wish to develop courses that will explore issues related to the atomic age through the lens of one or more art forms (visual, performing, literary, or cinematic). To be eligible for funding, proposed courses must involve materials from at least one artistic medium and, whenever possible, draw in significant measure on existing art resources at Berkeley (e.g., Berkeley Art Museum, Cal Performances, Pacific Film Archive, Department of Music performances, etc.). Preference will be given to courses that have not been offered at Berkeley in the past or that represent significant modifications of pre-existing courses. Team-taught or interdisciplinary courses are encouraged but not required. For more information, contact Michele Rabkin by [email](mailto:micheler@berkeley.edu) (micheler@berkeley.edu) or phone (642-4268).

APRIL 18

Information Session: Paul and Daisy Soros Fellowships for the New Americas — Q-and-A with Warren Ilchman, director of the Soros Fellowship. 3:30 p.m., 102 Campbell Hall. This fellowship provides half tuition and a stipend for two years of graduate school for New Americans. More details are available [online](http://www.pdsoros.org) (<http://www.pdsoros.org>).

APRIL 21

Social Event — All faculty, staff, alumni, and students are invited to join the School of Information Management and Systems for “an unforgettable night at hip and swanky Jillian’s at the Metreon in San Francisco.” Attractions include unlimited pool all evening, light appetizers, and a silent auction. Proceeds from the event, which is sponsored by the Information Management Student Association, will be used to offset costs of networking events, Ph.D. symposiums, and alumni/student social events. 7–11 p.m., Jillian’s, 101 Fourth Street, Suite 170 (southwest corner of the Metreon, ground floor), San Francisco. Tickets are \$20 purchased in advance, \$25 at the door. More information is available by [email](mailto:imsa-exec@sims.berkeley.edu) (imsa-exec@sims.berkeley.edu).

APRIL 27

Workshops on Teaching — “Teaching and the Academic Job Search” — Panel discussion with Berkeley Ph.D. candidates who were on the job market this year and Andrew Green, Ph.D. counselor, Career Services. 12 to 1:30 p.m., 370 Dwinelle Hall.

APRIL 29–30

Conference: “Beyond the Strai(gh)ts: Transnationalism and Queer Chinese Politics” — 2 to 6 p.m., both days. Museum Theater, Berkeley Art Museum, 2621 Durant Avenue. Transnational flows of people, information, images, and capital in recent years have radically changed the lives and organizations of queer people in China, Hong Kong, and Taiwan. How have they organized their communities in an era of multinational corporations, bootleg DVDs, internet chat rooms, inter-Asia human rights organizations, sex tourism, and the Chinese

diaspora? This conference will ask both overseas and U.S. participants how they think existing and future transnational processes will, or should, affect queer organizing and political discourse both within and beyond the local. Judith Butler will introduce the conference, which includes speakers from universities and other institutions in Asia, the United Kingdom, and the U.S. New queer Chinese films and artwork will be premiered. For more information, contact [Virginia Eleasar](mailto:veleasar@berkeley.edu) (veleasar@berkeley.edu).

APRIL 29–30

Graduate Medievalists at Berkeley Spring Conference — This year's theme is "Outsiders, Monsters, and Twisted Visions: the Marginal and Marginalia within and without the Text." Keynote address by Joan Kadden, professor of history at UC Davis. All day both days in rooms 370 and 371 Dwinelle Hall. Further information and registration instructions are available [online](http://www.ocf.berkeley.edu/~gmb) (<http://www.ocf.berkeley.edu/~gmb>).

MAY 6

Human Rights Center Spring Colloquium Series — "The Holocaust — Who Knew What When?" **Raul Hilberg**, professor of political science, emeritus, University of Vermont. 4 to 5:30 p.m., with refreshments to follow, the Geballe Room, 220 Stephens Hall.

PUBLIC HEALTH

Global Jury Rewards Berkeley Public Health Initiative

In March, Venture Strategies for Health and Development, a nonprofit organization run in collaboration with faculty in Berkeley's School of Public Health, was awarded \$20,000 by a jury of philanthropists in a competition for social entrepreneurs working across borders. The judges added special recognition for strategy, scalability, and sustainability in launching an initiative that will endure past the direct involvement of Venture Strategies, one of five winners chosen from more than 100 nominated groups. Public Health faculty Martha Campbell, Malcolm Potts, and Ndola Prata, and graduate students Anke Hemmerling MPH '04 and Melodie Holden MPH '05 were involved in the project. The award will be used to expand marketing and education in Nigeria for the drug misoprostol, which has the potential of ending maternal death from post-partum hemorrhage in the neediest countries of Africa and beyond. A project description is available [online](http://www.globalgiving.com/cb/gpf/pr/1000/proj951a.html) (<http://www.globalgiving.com/cb/gpf/pr/1000/proj951a.html>).

UCTV

(<http://www.uctv.tv>)

Highlights of programs airing in Berkeley during April

UCTV programs may be seen using cable, satellite, or even your computer (24/7/365 on the latter). The subject matter reflects the polymathic nature of the University of California. Examples follow.

"**The Consequences of Protecting Confidential Sources: Jail**" — Author and Pulitzer Prize-winning *New York Times* correspondent **Judith Miller** (who writes about national security issues) speaks with veteran investigative reporter (and Berkeley faculty member) **Lowell Bergman** on the price journalists may pay for not revealing their sources.

CNS News presents "After Dark," 28 minutes of news shot and produced by students in the Graduate School of Journalism who follow what happened when a school tried to track its students using a chip lodged in their ID cards; the Bay Area's twice-the-national-average Hepatitis-C rates are spotlighted, and tribute is paid to **Morrie Turner**, the cartoonist who created "Wee Pals" four decades ago.

In "Founding Mothers: Women of the American Revolution" ABC News political commentator **Cokie Roberts** talks with UC Berkeley journalism professor **Cynthia Gorney** about the women who nurtured this nation in its infancy.

"**Kawit Legong: Prince Karna's Dream**" is a full performance of the dramatic work commissioned by Cal Performances. Performed by ten acclaimed Balinese dancers and the 30-member Bay Area ensemble **Gamelan Sekar Jaya**, the production depicts the story surrounding the birth of Legong, the famed "dance of the celestial

nymphs,” first seen in a meditative dream by a 19th century Balinese prince. The program includes pre- and post-performance interviews with the artists and backstage footage.

In “**Establishing a Right to Housing: the Regional Dimensions**” the director of research for the Poverty and Race Research Action Council, **Chester Hartman**, discusses the impact of race on housing. (A Victor Jones Lecture on Metropolitan Governance, sponsored by the Institute of Governmental Studies and the Haas School of Business.)

“**Foreign Policy in a New Global Era**” commemorates the 50th anniversary of UC Berkeley’s Institute of International Studies with a panel discussion on U.S. foreign affairs. Panelists include **Leon Fuerth** of George Washington University, **Joel H. Rosenthal** of the Carnegie Council on Ethics and International Affairs, **Shibley Telhami** of the University of Maryland, and **Steven Weber** of Berkeley’s political science department.

Nobel Laureate **Robert Fogel** describes four common errors made by economists when dealing with issues of health, longevity, and equity, in “**Changes in the Process of Aging During the Twentieth Century: Common Analytical Errors.**” (A Hitchcock Lecture presented by the Graduate Division and the Academic Senate’s Graduate Council.)

Berkeley’s “**Lunch Poems**” series, ever sustaining, serves up two poets this month. The first is **Eugene Ostashevsky**, scholar, Russian translator, and “reckless metaphysician,” author of the books *The Off-Centaur* and the forthcoming *The Compleat Unraveller*. He is followed later in the month by **Frank Paino**, a midwesterner who changed genders, along the way producing “fearless poems” that “go where they must with a visionary fervor, guiding the reader through the darkest passages of experience and reminding us of the best, most redemptive qualities of the human spirit.”

The often-honored series “Conversations with History” elicits perspectives from all over the globe, direct from the source, catalyzed by host **Harry Kreisler**, executive director of Berkeley’s Institute of International Studies. In “**Science, Faith, and Survival,**” Israeli minister **Natan Sharansky** talks about his imprisonment in the Gulag, the role of human rights in bringing on the demise of communism, and the implications of the global struggle for human rights in the search for peace in the Middle East. Looking back, *Rise of the Vulcans* author **James Mann** surveys the history of the Bush administration’s diplomatic efforts, and looking ahead, **Leon Fuerth**, former national security advisor to Vice President Al Gore, discusses how to think about the future in the conduct of U.S. foreign policy. **William Haglund** traces the way his work as a coroner in murder cases led to his involvement in the use of forensic science in human rights investigations in Bosnia, Central America, and Nigeria.

UCTV can be seen in households nationwide via community cable channels, such as Berkeley’s community channel 33 and government channel 28 at scheduled times; via Direct Broadcast Satellite on the Dish Network, Channel 9412, 24 hours a day, seven days a week; and on the Internet, via 24-hour live stream and subsequent [video-on-demand](http://www.uctv.tv) (<http://www.uctv.tv>).

CALIFORNIA ALUMNI ASSOCIATION (CAA)

(<http://alumni.berkeley.edu/>)

What is Networking?

Networking is a time-honored tradition that most people apply every day without knowing it. View it as making contacts, creating relationships, finding out about essentials, even as making friends. Consider it today’s answer to the lost art of conversation and its cousin, writing letters. It’s all about communicating — making phone calls, conducting informational interviews in person or writing letters — to learn if your contacts can refer you to anyone who might want to hire someone with your skills. The Student Alumni Mentorship Program (SAMP) is more than a tutoring program. It connects Cal undergraduates and graduate students with UC Berkeley alumni in one-on-one mentoring relationships that offer support, advice, and networking opportunities. Find more information about [SAMP online](http://www.alumni.berkeley.edu/samp) (<http://www.alumni.berkeley.edu/samp>), call the SAMP Program Manager at (510) 642-4976, or [email](mailto:mentorship@alumni.berkeley.edu) (mentorship@alumni.berkeley.edu).

“@cal” Lets You Network with 25,000-plus Alumni

The California Alumni Association and UC Berkeley offer “@cal”, a new online alumni community. “@cal” allows students to network with other Cal grads around careers and other interests. Go [online](http://www.career.berkeley.edu) (<http://www.career.berkeley.edu>) to register and get connected.

“Bear Connections” Career Networking Program

CAA's Career Services Program maintains Bear Connections, a database comprised of Cal alumni willing to share their career and graduate school experience in informational interviews. Cal alumni can provide the career advice and support you need, whether you are just starting out, or are making a career change. Bear Connections helps you locate alumni by job title, company/organization, or geographic location, and is available to Cal alumni and students. To get yourself connected to more alumni, go [online](#) (http://www.alumni.berkeley.edu/Alumni/Career_Services/Bear_Connections/main.asp).

Eighth Annual Career Week, April 8–14

Career Week happens each spring semester at Alumni House, near Haas Pavilion and Zellerbach Playhouse, and on Sproul Plaza. The California Alumni Association and the UC Berkeley Career Center cosponsor panels and information sessions covering a wide variety of career-related topics. Hear from professionals and experts. Pick up a booklet at Alumni House or the Career Week tent on Sproul Plaza, or check the CAA career events schedule [online](#) (<http://www.alumni.berkeley.edu/Events.asp?type=career>).

DEADLINE FOR MAY

News and other items for the May 2005 issue of **eGrad** are due by Friday, **April 15**. Please send your submissions to gradpub@calmail.berkeley.edu.